

## Becoming a Masterful Practitioner series

# Embodied Practice and Working Imaginatively

12th - 13th January 2012

Fee £195

Venue Nr. Monmouth

### Topics covered

- The art of imaginative work
- Embodied practice - what is it?
- In-the-moment imagination
- Active imagination vs imaginative activities
- Metaphor and imagination
- Working creatively with polarities
- Breaking habitual ineffective patterns

### What you gain

- Awaken your creative self
- Discover embodied wisdom and use it
- Draw on the environment to enrich your work
- Learn effective interventions using polarities
- Work with resistance imaginatively
- Make an impact through metaphor

*Light lunch and refreshments are provided*

Add zest to your **coaching**

Freshen up your **consultancy** capabilities

Sprinkle spice on your **one-to-one** work

Bring your **leadership** to life

## Is this workshop for you?

This two-day, non-residential event is for people who work with, or in, organisations and for people who do one-to-one work. The programme is informed by psychology, Gestalt and Jungian ideas, and designed to make you more effective as a practitioner, adding fresh tools to your kitbag. Workshops are experiential with a solid theory base.

**Sue Congram** CPsychol. EAGT-GPO, will lead this event. She draws on 25 years experience of organisational practice as a consultant, business psychologist, programme leader and Gestalt practitioner, and runs yearly events working with art and mask-work for in-depth personal development. Sue is leading a fast growing project on the masculine and feminine in management and leadership through the Leaderful Women project. She is in the final stages of a PhD at Cardiff University. Sue has extensive experience coaching leaders, managers and executives, and teaching Gestalt in organisational work in the UK and other European countries. She has published books, chapters and papers on her work. [www.suecongram.co.uk](http://www.suecongram.co.uk) [www.leaderfulwomen.org](http://www.leaderfulwomen.org)  
[www.thespacebetween.com](http://www.thespacebetween.com)

The venue is: The Garden Room, Dolgarren, St Weonards, Herefordshire, HR2 8NZ

For people travelling from a distance there is a variety of accommodation locally. Information can be provided.

### Booking Information

Bookings can be made in three ways:

Through Sue's personal web site [www.suecongram.co.uk](http://www.suecongram.co.uk)

**By phone on 01981 580040**

**or email [suecongram@mac.com](mailto:suecongram@mac.com)**

BOOKING REFERENCE: Embodied Practice 2012

**CPD** certificates can be provided on request.