

## Becoming a Masterful Practitioner series

# Under the Table Issues in One-to-One work

16th - 17th February 2012

Fee £195

Venue Nr. Monmouth

### Topics covered

- Looking under the table
- Working in-depth
- Transference, confluence, projections
- Self belief and self esteem
- Self sabotage and self betrayal
- What to do with addictions
- Subtle resistance

### What you gain

- Understand and work effectively with transference
- Know how to build self belief and self esteem
- Challenge self sabotage and self betrayal
- Become effective at fine tuning your observations
- Recognise addictive behaviours of all kinds
- Develop your own self understanding

*Light lunch and refreshments are provided*

Add deep insight to your **coaching**

Upgrade your **consultancy** capabilities

Refine your **one-to-one** work

Strengthen your **leadership**

## Is this workshop for you?

This two-day, non-residential event is for people who work with, or in, organisations developing people, and for people who do one-to-one work. The programme is informed by psychology, Gestalt and Jungian ideas, and designed to make you more effective as a practitioner, adding fresh tools to your kitbag. Workshops are experiential with a solid theory base. This event is part of a series of learning events designed to support people in professional practice to continually improve their quality and standard of work.

**Sue Congram** CPsychol. EAGT-GPO, will lead this event. She draws on 25 years experience of organisational practice as a consultant, business psychologist, programme leader and Gestalt practitioner, and runs yearly events working with art and mask-work for in-depth personal development. Sue is leading a fast growing project on the masculine and feminine in management and leadership through the Leaderful Women project. She is in the final stages of a PhD at Cardiff University. Sue has extensive experience coaching leaders, managers and executives, and teaching Gestalt in organisational work in the UK and other European countries. She has published books, chapters and papers on her work. [www.suecongram.co.uk](http://www.suecongram.co.uk) [www.leaderfulwomen.org](http://www.leaderfulwomen.org)  
[www.thespacebetween.com](http://www.thespacebetween.com)

The venue is: The Garden Room, Dolgarren, St Weonards, Herefordshire, HR2 8NZ

For people travelling from a distance there is a variety of accommodation locally. Information can be provided.

### Booking Information

Bookings can be made in three ways:

Through Sue's personal web site [www.suecongram.co.uk](http://www.suecongram.co.uk)

**By phone on 01981 580040**

**or email [suecongram@mac.com](mailto:suecongram@mac.com)**

BOOKING REFERENCE: Under the table 2012

CPD certificates can be provided on request.