

The Living Field in Coaching Supervision

Sue Congram

What is Supervision?

What is FIELD?

The Relational Field

Psychological Field
Phenomenological Field

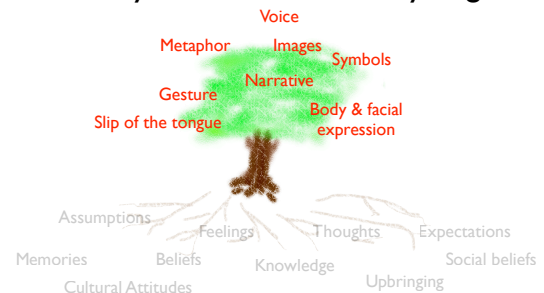
What you see is **not** what you get



What you see is **not** what you get



What you see is **not** what you get



Special Group in Coaching Psychology

The British Psychological Society

The Relational Field

“...the field consists of all the complex interactive phenomena of individuals and their environment”

MacKewn 1997

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The Relational Field in Supervision

A living space

Supervisor Coach

Supervisory relationship

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The Relational Field in Supervision

Supervisor Coach Client

Supervisory relationship Coaching relationship

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The Relational Field in Supervision

Supervisor Coach Client

client workplace or family system

Supervisory relationship Coaching relationship

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Principles of Fields

Change

Singularity Relevance

Phenomenology Organisation

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Principles of Fields

Change

Always in a state of flux

The Paradoxical theory of change

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Principles of Fields

Noticing what we might otherwise ignore

Seeing the unusual and the trivial

The courage to voice this as possibly relevant

Possible
Relevance

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Principles of Fields

Constantly shifting and reorganising around explicit and implicit themes

Seeing things in WHOLES

Organisation

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Principles of Fields

Seeing things in WHOLES



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Principles of Fields

The character of the situation at a given moment may include:

the-past-as-remembered-now

the-future-as-anticipated-now

Phenomenology

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Principles of Fields

Singularity

Building on the unique qualities of

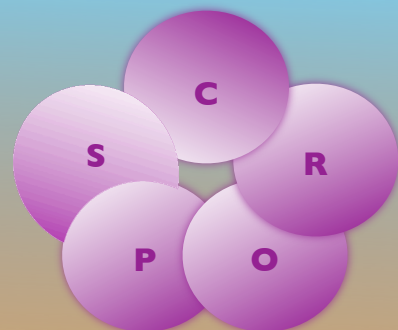
the moment

the individual

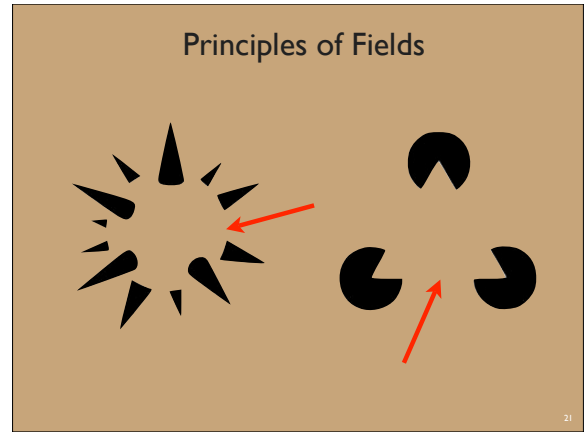
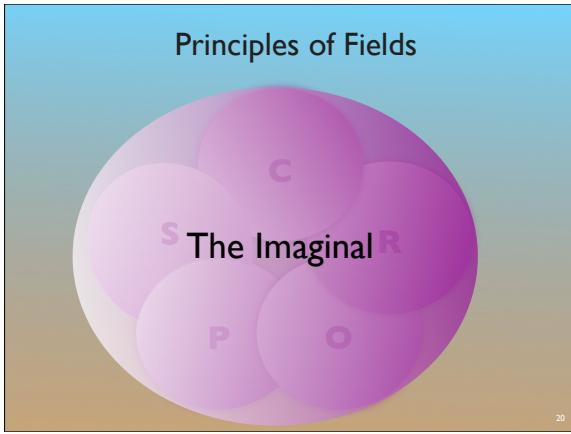
the stories told

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Principles of Fields



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